

Seguin High School Lunch

SEPTEMBER 2024

SERVED DAILY

FRESH WHOLE FRUIT & CHILLED FRUIT
1% WHITE OR FAT FREE FLAVORED MILK

Lunch Meal Prices:
STUDENT: FREE ADULT: \$5.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
<i>*Labor Day*</i> <i>*District Holiday*</i>	CHICKEN PARMESAN Broccoli Normandy Tator Tots	BEAN & CHEESE TOSTADA Chips & Salsa Lettuce & Tomato	SOFT BEEF TACO Street Corn Charro Beans, Crema Sauce	BEEFY MAC & CHEESE Peas & Carrots Corn on the Cob, Garlic Toast
9	10	11	12	13
OVEN FRIED CHICKEN Mashed Potatoes, Green Beans, Brown Gravy, Roll	SPAGHETTI & MEATBALLS Garlic Toast, Garden Side Salad, Broccoli Normandy	BAKED POTATO BBQ Chicken or Beef Chili, Cheddar or Queso, Bacon, Butter, Chives, Sour Cream, Steamed Broccoli	CALI-CARNE BURRITO <i>Curly Fries, Pico, Salsa, Crema</i> Seasoned Corn, Refried Beans	SLOPPY JOE ON A BUN Curly Fries Mixed Vegetables
16	17	18	19	20
PULLED PORK HOAGIE Baked Beans, Curly Fries, Onions & Pickles	HOMEMADE MEATLOAF Peas & Carrots Garden Side Salad, Roll	BBQ CHICKEN TENDER SANDWICH Steamed Broccoli Garlic Herb Carrots	CHICKEN NUGGETS Herb Roasted Potatoes, Seasoned Corn, Dinner Roll	PEPPERONI CALZONE Tator Tots Mini Buttered Carrots
23	23	25	26	27
STEAK FINGERS Seasoned Green Beans Mashed Potatoes Roll	BREADED PORK CHOP Fire Cracker Potatoes Italian Zucchini, Roll	BEEF PHILLY CHEESESTEAK Tator Tots Peas & Carrots	CHICKEN CRISP UP TACO Charro Beans, Seasoned Corn Street corn	CHICKEN QUESADILLA Steamed Broccoli Mini Buttered Carrots
30	October 1	October 2	October 3	October 4
CORN DOG Baked Beans Tator Tots	PEPPERONI PASTA BAKE Broccoli Normandy Caesar Side Salad	HAWAIIAN SLIDERS Curly Fries Veggie Cup	BEEF CRISP UP TACO Street Corn, Charro Beans, Lettuce & Tomato, Crema Sauce	BEEFY MAC & CHEESE Peas & Carrots Steamed Broccoli, Garlic Toast

Main Line – Line 1

Protein Box – Mon, Wed, Fri

Fruit Parfait – Tue, Thur

****MENU IS SUBJECT TO CHANGE****

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Options	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ASIAN EXPRESS <u>Line 2</u>	BEEF & BROCCOLI Fried Rice Fresh Stir Fry- Vegetables Fortune Cookie	SWEET & SOUR CHICKEN Fried Rice Fresh Stir Fry- Vegetables Fortune Cookie	MONGOLIAN BEEF Fried Rice Fresh Stir Fry- Vegetables Fortune Cookie	ORANGE CHICKEN Fried Rice Fresh Stir Fry- Vegetables Fortune Cookie	CHERRY BLOSSOM CHICKEN Fried Rice Fresh Stir Fry- Vegetables Fortune Cookie
PASTA BAR Starting Sept. 9 <u>Line 3</u>	Choice of Pasta Spaghetti Penne Rotini Protein Meatballs Crispy Chicken Grilled Chicken Homemade Sauce Marinara Alfredo Pesto Garden Side Salad Popcorn Chicken Salad	Choice of Pasta Spaghetti Penne Rotini Protein Meatballs Crispy Chicken Grilled Chicken Homemade Sauce Marinara Alfredo Pesto Garden Side Salad Chicken Bacon Ranch Salad	Choice of Pasta Spaghetti Penne Rotini Protein Meatballs Crispy Chicken Grilled Chicken Homemade Sauce Marinara Alfredo Pesto Garden Side Salad Crispy Chicken Chef Salad	Choice of Pasta Spaghetti Penne Rotini Protein Meatballs Crispy Chicken Grilled Chicken Homemade Sauce Marinara Alfredo Pesto Garden Side Salad Chicken Caesar Salad	Choice of Pasta Spaghetti Penne Rotini Protein Meatballs Crispy Chicken Grilled Chicken Homemade Sauce Marinara Alfredo Pesto Garden Side Salad Ham Chef Salad
BRICK OVEN PIZZA <u>Line 4</u>	Pizza Slice Pepperoni Cheese Buffalo Chicken	Pizza Slice Pepperoni Cheese Pepperoni w/ Jalapeno	Pizza Slice Pepperoni Cheese Fiery Hawaiian	Pizza Slice Pepperoni Cheese Pepperoni w/ Sausage	Pizza Slice Pepperoni Cheese Supreme Wings
FIESTA BAR <u>Line 5</u>	Nachos, Burrito, or Tacos Tortilla or Chips Chicken Fajita (or) Beef Grilled Peppers & Onions Rice, Beans, Lettuce, Pico, Onions, Sour Cream, Salsa, Queso, Guacamole	Nachos, Burrito, or Tacos Tortilla or Chips Chicken Fajita (or) Beef Grilled Peppers & Onions Rice, Beans, Lettuce, Pico, Onions, Sour Cream, Salsa, Queso, Guacamole	Nachos, Burrito, or Tacos Tortilla or Chips Chicken Fajita (or) Beef Grilled Peppers & Onions Rice, Beans, Lettuce, Pico, Onions, Sour Cream, Salsa, Queso, Guacamole	Nachos, Burrito, or Tacos Tortilla or Chips Chicken Fajita (or) Beef Grilled Peppers & Onions Rice, Beans, Lettuce, Pico, Onions, Sour Cream, Salsa, Queso, Guacamole	Nachos, Burrito, or Tacos Tortilla or Chips Chicken Fajita (or) Beef Grilled Peppers & Onions Rice, Beans, Lettuce, Pico, Onions, Sour Cream, Salsa, Queso, Guacamole
MATADOR GRILL & COUNTRY BASKET <u>Line 6</u>	Burger Bar Hot & Spicy Chicken Sandwich Hamburger Toppings Cheese Bacon Grilled Mushrooms Grilled Onions Burger Salad Dill Chicken Nuggets French Fries Vegetable of the Day	Burger Bar Crispy Chicken Sandwich Hamburger Toppings Cheese Bacon Grilled Mushrooms Grilled Onions Burger Salad Grilled PB&J Sandwich French Fries Vegetable of the Day	Burger Bar Hot & Spicy Chicken Sandwich Hamburger Toppings Cheese Bacon Grilled Mushrooms Grilled Onions Burger Salad Grilled Club Sandwich French Fries Vegetable of the Day	Burger Bar Crispy Chicken Sandwich Hamburger Toppings Cheese Bacon Grilled Mushrooms Grilled Onions Burger Salad Grilled Italian Sub French Fries Vegetable of the Day	Burger Bar Hot & Spicy Chicken Sandwich Hamburger Toppings Cheese Bacon Grilled Mushrooms Grilled Onions Burger Salad Crispy Chicken Chunks French Fries Vegetable of the Day

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